

Recreational Sports and Services Advisory Board Report
A/P Staff Council
January 18, 2006

The Student Recreation Center is approaching 700,000 guests per year with heaviest usage time after 4:00 p.m.

Fee Increase: Recreational Sports and Services will be requesting 5.3% fee increase (\$5.00/semester) on the Student Recreation Fee for FY 07 due to increased utility costs, maintenance, and administrative costs being charged to the auxiliaries. The Campus Recreation Fee will remain flat at the FY 06 rate.

Income Report: The Income Report for September 1st was distributed to the board members. The report reflects a 9.5% increase over September 1st last year. Self-generated revenue has increased 9-10% every year for the past 12 years.

Saluki Way: Concerns have been raised regarding Saluki Way. As Saluki Way is currently presented, it will displace the existing Lighted Playfield Complex utilized by students that participate in Intramural Sports, Sports Clubs, special events, etc. at this complex. The complex was constructed in 2000 with Campus Recreation student fee dollars which increased \$2.00 per semester for FY 99, FY 00, and FY 01. Bill McMinn, Director of RSS, stated an aerial review of the acreage at the Rugby Complex offered a possible relocation site for the displaced lighted playfields. He said that Recreational Sports and Services will be part of future discussions regarding Saluki Way.

Learning Outcome Assessments: The Learning Outcome Assessment was administered to 110 student employees of the Student Recreation Center. Three factors of interest on the survey were life/management skills, customer service, and leadership abilities. As one of the largest employers on campus, The SRC provides students with a variety of job experiences and leadership opportunities. The student employees are an extension of the full-time staff and play a vital role in the operation and maintenance of the Student Recreation Center, satellite facilities, and a diverse program inventory. The survey reported high scores across all factors which indicate a high level of satisfaction of the student employees in the respective categories. The qualitative data is currently being quantified. A report is forthcoming.

FACILITIES UPDATE

Lifestyle Enhancement Center: The Sports Medicine Office moved into the new Health Center Complex in November. A Lifestyle Enhancement Center (LEC) is now in the former Sports Medicine area. The LEC will offer participants fitness evaluations and assist them in the development of an individual exercise program that will promote and enhance a healthy lifestyle. Services will include: VO2 Max Treadmill or Bike Test, Submaximal Treadmill Test, Body Composition Analysis, Flexibility Testing, Resting Metabolic Rate, Muscular Strength and Endurance Tests, Complete Fitness Assessment, Personal Training, Massage Therapy, and Nutrition Consultation.

Cardio Room: The carpet in the Cardio Room was replaced with synthetic flooring that is easier to maintain and will have a 20+ year life span.

Roofing Project: The first phase of the replacement of the Student Recreation Center roof has begun. The roof will be replaced in phases over the next five years so there will continue to be no deferred maintenance at the SRC.

Picnic Shelters: The completion of a new picnic shelter at Saluki Cove was completed earlier this year. The next new shelter is scheduled for Morava Point.

Skateboard Park: A new half pipe was recently built at the Skate Park from private donations.

Tennis Courts: The resurfacing and repainting of the lines at the University Tennis Courts and Law School Tennis Courts was completed in September. Intercollegiate Athletics shared in the cost of resurfacing the University Tennis Courts.

Lake Grant: An aerator was installed in late spring in Campus Lake to increase oxidation in the lake. The three-year grant project will be a collaborative effort with Fisheries, PSO, Environmental Studies, Zoology and Recreational Sports and Services.

PROGRAMS UPDATE

Summer Camps: Over 146 youth were enrolled in Multi-Sport, Tennis, and Theater Camps over a four week period. Five campers were given full or partial scholarships through a \$500.00 grant from the Carbondale Rotary Club. Application will be made again for scholarships for the 2006 Summer Camps.

Instructional Programs: Twenty-eight different instructional programs were taught this fall by 16 trained and/or certified instructors. New programs offered included Wushu (a form of martial arts, Advanced Boxing, Personal Yoga Training, and Personal Boxing Training.

Staff is collaborating with the Alzheimer's Association on a day seminar called "Maintain Your Brain", and continues to work together with Housing staff to plan more events for the students.

Midwest FitFest: SIUC will host the 8th Annual Midwest Fitfest, February 25-26, and will be attended by approximately 300 attendees from colleges and universities around the Midwest.

Group Fitness: Twenty-eight fitness classes are taught each week by 16 specialty or certified instructors. Fitness classes are open to students, staff, and guests. Reservations are only required for Spin Cycle classes due to limited number of bikes.

Personal Training: Requests for personal trainers has increased dramatically over the past year. Currently there are 11 active personal trainers on staff with approximately 80 clients.

Sport Clubs have added 10 new clubs, bringing the total Sports Clubs to 41.

Youth Swim program numbers have increased

Saluki Finals Finish was held again during the fall semester finals week. The event offers free food to students each night from 6 p.m. to 12 a.m. Approximately 3000 students attend during the three day event.

Respectfully Submitted,

Terri Harfst
RSS Advisory Board Member for the A/P Staff Council